

**METROPOLITAN MILWAUKEE SKI COUNCIL SENIOR RACING  
COMMITMENT TO HELP RUN SKI RACES**

**2023-2024 SKI RACE SEASON**

**This Help Form must be completed by all racers**, except Temporary racers, and be on file with MMSCSR prior to participation in any MMSCSR ski race. **New racers** signing up at a ski race must submit this form before their next race.

Please **mark boxes for ALL race dates you expect to attend** to increase **my flexibility to choose only one** date for everyone during the season.

Please **mark boxes for ALL the types of help you are capable of doing**. Multiple choices again will be helpful for making assignments, and you'll only be assigned to one task for any **ONE** date. Try to include Course Helper if you are physically capable so less demanding help choices are available for those that need them. Course Help isn't really that hard. The poles will be carried up for you if you want, and you only have to drag the bagged poles on the snow for the course setter to place in the snow.

This is a live PDF form in which you can click on the boxes to enter an X, save the pdf, and attach it to an email back to AL rather than printing and mailing it. Email to **aklemke2993@gmail.com**

**You may also just give AL ALL your date and task choices by phone, text 414 688 2938 or a worded email. Be sure your name, phone, and email are indicated somewhere.**

**I'll email, text, or call you during the week prior to a race date for your commitment to **one** of your date and task choices.**

**Please mark boxes for ALL race dates you expect to attend**

You can use spacebar and tab to check boxes and navigate to next box.

GS/GS	SL/SL	SL/SL	GS/GS	SL/SL	GS/GS	SL/GS	
1/6 SB	1/14 SB	1/21 LS	1/27 HH	2/3 HH	2/10 SB	2/18 SB	

**Please mark boxes for ALL the types of help you are capable of doing.**

Course Helper AM & PM	Registration	Distribute Flags For GS dates only	Time Recorder only if substitute is needed

Racer Name

Phone

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Email

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**All racers are still needed to help at each race date to do all of the following:**

1. Take down all race equipment at the end **AND** help get it all to the transporting vehicle.
2. Remove and insert the gates upside down after both runs of the first race are completed **if a reset has been indicated**. Remove gates by twisting and pulling.
3. Attach GS flags to the gates **securely** when the flags have been distributed by each gate.

Some racers have committed to other tasks not listed for every race. We also have people whole or partially compensated, when possible, with lift tickets to be starters and timers. Please contact me, Al Lemke, if you are interested in those options or have questions about this form or what any help position involves.